

WATERFALL

CELEBRATION & LIBATION

SIMPLE SUSTENANCE SUBTLE AMBIENCE

WHOLESOME SIMPLICITY

DECADENT DELIGHTS

Life is all these things.

WE HAVE A SIMPLE PHILOSOPHY.

THE FRESHEST FOOD WITH GREAT PROVENANCE FROM PASSIONATE PURVEYORS,
SIMPLY PREPARED; SLOW AND LANGUOROUS FROM OUR WOOD-BURNING FORNO,
OR FAST AND SPIRITED FROM OUR SALAD, CRUDO, TAPAS AND COCKTAIL BARS.

COMFORTABLE CLASSICS FROM THE KITCHEN,
with a little twist.



*FOOD YOU WANT TO LEAVE HOME FOR.
FOOD YOU FEEL AT HOME WITH.*



ARTISAN COFFEES, PREMIER CHEESES, CRAFTED CHARCUTERIE...
EVERYDAY FRIENDS IN THE GUISE OF FOOD. THE WHIMSY OF FINE FARE,
THE JOY OF FRESHLY BAKED BREAD. THE PLEASURE OF PIZZETTE AND COCKTAILS,
THE INDULGENCE OF GOOD COMPANY IN LIVING THE WELL-LIVED LIFE.

ENJOY WITH FAMILY, FRIENDS OR EN MASSE
FOR LAZY MOMENTS, ENERGETIC QUICK-FIXES,
HEALTHY PLEASURES OR NAUGHTY INDULGENCES.

Things that make the spirit smile.

PLEASE BE ADVISED THAT THE FOOD PREPARED HERE MAY CONTAIN THESE
INGREDIENTS:

*Milk *Eggs *Wheat *Soybean *Peanuts *Tree nuts *Fish *Shellfish*

ENJOY LIFE!



ALL HAPPINESS DEPENDS
ON A LEISURELY
BREAKFAST

John Gunther

BREAKFAST BOWLS

*Served
until
12h30*

OAT BOWL

*Creamy steel cut oats *honey *cinnamon *pumpkin seeds
apple & cinnamon 50
fig & golden syrup 50*

AVOCADO BOWL

*Avocado *trio tomato *poached eggs *rye bread crisps 88*

TROPICAL BOWL

*Papaya *banana *cranberries *coconut & pumpkin seed
granola *yoghurt *lime 68*

BREAKFAST

LAZY BREAKFAST

*Two eggs *bacon *beef sausage *grilled mushrooms
*char-grilled plum tomatoes *baby potato wedges
*baked beans *toast 98*

SIMPLE BREAKFAST

*Two eggs your way *bacon *grilled plum tomatoes *toast 60*

BUTTER CROISSANT

*with butter *preserves made in our kitchen 34
with white cheddar 40
with Nutella 46*

FILLED CROISSANT

*Bacon *brie *caramelised onion 60
Scrambled egg *bacon 72
Tomato *mozzarella *salsa verde 42
Beefragù *emmenthaler *chilli 60*

EGGS

EGGS BENEDICT

*Poached eggs *hickory ham *homemade hollandaise
English muffin 82*

SALMON BENEDICT

*Poached eggs *Seared salmon
*red capsicum hollandaise *English muffin 168*

MUSHROOM BENEDICT

*Poached eggs *creamy foraged mushrooms *parmesan
shavings *rocket *English muffin 98*

SALMON SURPRISE

*Homemade potato rosti *seared salmon *scrambled egg
*dill crème fraiche *Capers 168*

PLAIN OMELETTE

*3 egg omelette *toast 54
Egg white only omelette *toast 54*

EXTRAS

Fillet steak 200g 140

Seared salmon 108

Roe caviar 40

Bacon per slice 8

Avocado 28

Onions 8

Beefragù 34

Capsicums 12

Hickory ham 18

Plum tomatoes 10

Calamata olives 8

Feta or cream cheese 18

Emmenthaler 22

Baby potato wedges 18

Eggs 8

Mushrooms 14

Spinach 8

Chicken livers 34

Roast sirloin 38

XO

WHAT GARLIC
IS TO **SALAD**,
INSANITY IS TO ART

Augustus Saint-Gaudens

SALAD BOWLS

Fresh seasonal salad with greens, gourmet toppings and dressing from the Salad Bar

LIFE GREEN SALAD BOWL

*Lettuce varieties*rocket*tomato*cucumber*green pepper*marinated olives*feta **80***

ROOT VEGETABLE SALAD BOWL

*Lettuce varieties*mungbeans*roast butternut*grilled zucchini*julienne carrot*red onion*cherry tomatoes*marinated olives*feta **98***

POKE BOWLS

A colourburst of raw crudo flavours, dressed in zesty combinations

*Crudo Salmon *yuzu *mirin soy marinade & sesame *apple julienne *cucumber & radish slaw
*Enoki mushroom *purple kimchi *avocado *mango *yoghurt *wakame *edamame **186***

*Black rice *inari *avocado *cucumber *mango *enoki mushroom
wakame *edamame *apple julienne *yoghurt **134***

GOURMET TOPPINGS

AVOCADO **28** • GRILLED HALLOUMI **50** • GRILLED CHICKEN BREAST **42**
FILLET STEAK 200g **140** • PRAWNS **88** • VEGAN CHICKEN **90**

TAPAS

SEAFOOD TAPAS

*Grilled calamari *prawn gambas *crispy fish croquettes *fried squid heads *tzatziki
*crispy potato cheese croquettes *crispy fries *lavash **260***

CHICKEN TAPAS

*Chicken livers *spicy chicken drumettes *grilled halloumi *crispy potato cheese croquettes
*carrot and tahini slaw *crispy fries *lavash **240***

ARTISAN DIPS

*Olive salsa verde *hummus *spicy vegetable dip *tzatziki *fried halloumi *crispy parmesan dumplings *lavash **98***

LAVASH **22** • HALLOUMI **50** • CRISPY SQUID HEADS **54**
PRAWN GAMBAS **88** • GRILLED CALAMARI **54**
CHICKEN DRUMETTES **88** • CHICKEN LIVERS **34**



FOOD IS EVERYTHING. FOOD, FRIENDS,
FAMILY: THOSE ARE THE MOST
IMPORTANT THINGS IN LIFE

Zac Posen

GOURMET LOAVES

*Served on artisan wood-burning forno bread with extra virgin olive oil, mixed greens, toppings
Salad instead add **16** • Roasted Vegetables instead add **16***

CHICKEN BREAST ON BRIOCHE

*Spicy or lemon grilled chicken breast *marinated peppers *balsamic onions *mixed greens *cucumber *fries **114***

GOURMET BURGER ON BRIOCHE

*200 g House-ground beef *beer-battered onion rings *on brioche roll *fries **120***

CHICKEN MAYO & AVOCADO

*Chicken wholegrain mustard mayo *lettuce *tomato *gherkins *avocado *petite salad **96***

BLT ON WHITE

*Bacon *Lettuce *tomato *wholegrain mustard mayo *red onion *petite salad. **88***

ROAST BEEF ON HEALTH

*Roast sirloin *white cheddar *pineapple chutney *wholegrain mustard mayo *petite salad **98***

BEYOND BEEF

*200g BEYOND BEEF BURGER *beer battered onion ring served on Brioche **158***

SALAD WRAPS

*Flour tortilla wrap *mozzarella cheese base. Served with sweet potato crisps*

CHICKEN CAESAR

*Grilled chicken breast *lettuce *bacon *yoghurt dressing *parmesan *anchovy *egg **76***

BEEF

*Roasted beef sirloin *carrot julienne *cucumber *caspicum *lettuce *tomato *coleslaw *radish *mushroom **84***

GRILLED HALLOUMI WRAP

*Grilled halloumi *mung beans *cucumber *lettuce *zucchini ribbons *julienne carrot *sesame & lemon dressing *sweet potato crisps **82***

CRUDO

OYSTERS

*3 West Coast Oysters *slightly sweet & fiery jalapeño salsa *Matsuhisa salsa *Maui onion salsa **90***

CEVICHE OF SALMON OR TUNA

*Thinly sliced fish tossed with coriander *cucumber ribbons *cherry tomato *red onion *ceviche sauce **102***

AVOCADO & TOMATO CEVICHE

*Grilled avocado *marinated tomatoes *celery *pickled ginger *Chinese seven spice *soy *rice wine vinegar **90***



XO

I LOVE **PIZZA**. I WANT TO MARRY IT,
BUT IT WOULD JUST BE TO EAT
HER FAMILY AT THE WEDDING.

Mike Birbiglia

PASTA BAR

CREAMY CHAR-GRILLED CHICKEN LINGUINE **130**
*Sage cream *grilled chicken breast*

ARRABIATA OR POMODORO PENNE **86**
Add 200g fillet 140 • Add chicken 42 • Add chargrilled vegetables 36 • Add prawns 88 • VEGAN CHICKEN 90

AL FUME CREAMY POMODORO LINGUINE
*Touch of vodka *chilli *garlic *flambéd strips of bacon 128*

HOUSE GROUND BEEF BOLOGNAISE RAGU SPAGHETTI
*Beef mince *tomato pomodoro sauce 98*

CREAMY MUSHROOM PENNE
*Foraged field mushrooms *cream *thyme 128*

SMASHED SEAFOOD PENNE
*Prawns *linefish *calamari *creamy pomodoro *garlic *chilli 240*

CREAMY SEAFOOD PENNE
*Truffled lobster crème *calamari *prawns *linefish *moules 288*

PIZZETTE

ROSA
*Smashed Rosa tomatoes *mozzarella *basil 78*

*Hickory ham *Portabello mushrooms 110*

*Roast sirloin *caramelised onions *pickled red onion 146*

*Beef ragù *roast capsicum *chilli 128*

*Chicken *roast capsicum *feta 138*

VEGETARIAN
*Roast pumpkin *chargrilled peppers *zucchini *Rosa base *feta *basil 100*



OX

I'M NOT MAKING ART,

I'M MAKING

SUSHI

Masaharu Morimoto

SUSHI



CRISPY PRAWN BLACK RICE ROLL

8 pieces

*Crispy prawn *black sushi rice *cream cheese *avocado
*toasted coconut wrapped in nori paper *spicy papaya salsa
toasted coconut flakes 172

DRAGON ROLL

8 pieces

*Prawns *Avocado *cucumber wrapped in rice with seaweed covered
in avocado 96*

TIGER ROLL

8 pieces

*Avocado *salmon roll topped with
prawn & avocado 120*

VOLCANO ROLL

6 pieces

*Inside out avocado and crab roll with spicy tuna *masago
*wasabi mayonnaise *sesame seeds 120*

NIGIRI

4 pieces

*Classic *salmon | tuna | prawn 72*

SUSHI BOWLS

*Sushi rice *salmon *nori *avocado *cucumber *carrot
*edamame *ginger dressing 98*

*Tuna *black rice *sweet potato *cucumber
*carrot *red onion 98*

*Sushi rice *avocado *apple *nori *edamame *broccoli
*baby marrow *cucumber 80*

DRESSED BOSTON ROLL

*Poached prawn *avo *cucumber *cream cheese california roll *caviar
*spicy mayo *teriyaki dressing *edamame beans 170*

FRIED CALIFORNIA RAINBOW

*Panko crumbed and fried salmon roll
*salmon *tuna *avocado *sweet chilli *teriyaki *spicy mayo 170*

LOADED RAINBOW ROLL

*Rainbow roll *creamy prawn tempura *purple kimchi 170*

SALMON CAVIAR ROSE

3 pieces

*Salmon *sushi rice *Japanese mayo *red caviar 74*

TUNA & BLACK RICE ROSE

3 pieces

*Tuna *black sushi rice *sliced tuna *wasabi soy mayo
red caviar 74

PRAWN TEMPURA ROSE

3 pieces

*Salmon roses *spicy mayo *prawn tempura *sweet chilli *caviar 98*

HAND ROLL

One piece

*Seaweed cone filled with rice *avocado,
Japanese mayo *sesame seeds 74
Salmon Skin & Caviar 74*

CALIFORNIA ROLL

8 pieces

92

MAKI

6 pieces

64

FASHION SANDWICHES

8 pieces

88

SASHIMI

4 pieces

88



*

XO

I AM NOT INTERESTED IN SLICE OF LIFE,
WHAT I WANT IS A **SLICE**
OF THE IMAGINATION

Carlos Fuentes

sliced



SALMON TARTARE

*Salmon tartare *cucumber *quail egg *avocado *caviar *anchovy aioli 130*

TUNA TARTARE

*Tuna tartare *cucumber *quail egg *caviar *spicy vinaigrette 128*

FILLET TARTARE

*200g Beef fillet *olive salsa verde *quail egg *lavash *capers *onion salsa 160*

COALS

SPEARED FILLET

*200g fillet bound in bacon *crushed baby potatoes
*grilled tomatoes *salsa verde 198*

BEEF RIBS

*BBQ-basted beef ribs served with onion rings & fries
500g 208 1kg 372*

BILTONG SIRLOIN

*400g Beef sirloin on the bone *biltong and brie stuffing
*roasted veg *mushroom sauce 240*

SEAFOOD SOUVLA

*4 Prawns *calamari *kingklip crispy squid heads *Cafe de Paris
butter *fries *roasted vegetables 390*

GRILLED BEEF FILLET

200g 142 300g 188

RUMP

350g 190

RIBEYE ON BONE

*1kg Grilled *choice of side *sauce choice 420*

T BONE

*750g Grilled *Greek roasted baby potatoes
roasted vegetables 298

WHOLE RUMP TAIL

*1kg *Grilled *choice of side and sauce 420*

ACCOMPANYING SAUCES

*Add mushroom cream 36 *Add peppercorn sauce 36 *Add peri peri sauce 36 *Add gastrique 36 *Add chimichurri 36*

SIDES OF YOUR CHOICE

Fries 28 Salad 38 Roasted Vegetables 38 Greek Roasted Potatoes 38

FORNO

WOOD FIRED SPATCHCOCK CHICKEN

*Forno roasted baby potatoes *roasted vegetables *Red kimchi
Half 142*

BEEF SHIN HOTPOT

*300g beef shin *pearl onion *traditional gravy *smashed
potatoes. 188*

SLOW ROAST LAMB SHANK

served with mixed potatoes & butternut 340



OX

KITCHEN

[kich-uh n] noun 1.A ROOM OR PLACE EQUIPPED FOR COOKING.
2.CULINARY DEPARTMENT; CUISINE

KITCHEN

HAKE & CHIPS

*Grilled or fried hake *battered onion rings *dill crème fraîche
lemon & fries **148***

MOULES & FRITES

*Fresh mussels *white wine *cream broth *fries
*homemade mayo *grilled lavash **166***

GRILLED CHICKEN

Grilled Cajun or lemon chicken breast carrot & tahini
slaw*lettuce*cherry tomatoes*capsicum **128***

PRAWN GRILL

*10 Prawns *Cafe de Paris butter *saffron rice
*kimchi **380***

LAMB CUTLETS

*400g Grilled lamb cutlets *scallion baby potatoes
*roasted vegetables **320***

GRILLED SALMON

*With scallion baby potatoes *side salad
*dill crème fraîche **290***

SEAFOOD PAELLA

*Prawns *calamari *line fish *moules
*rice *creamy paprika sauce **250***

CHICKEN & PRAWN CURRY

*Malay spicy tomato broth *methi leaves *coriander
*coconut milk *basmati rice *poppadums *sambals **286***

BABY KINGKLIP

*500g Grilled *lemon cream sauce
*scallion potatoes **242***

THE LIFE GRAND PLATTERS

Selection of platters for sharing

*All served with *oven-roasted seasonal vegetables *lemon-roasted potatoes from the forno
or fries *side salad *lavash*

FIRE PIT PLATTER

*600g beef fillet *half spatchcock chicken *500g beef ribs *crispy squid heads *4 grilled prawns *200g calamari **998***

FROM THE EARTH

*400g lamb cutlets *half spatchcock chicken *750g T-Bone **880***

DOCK & DIVE

*Moules *16 prawns *400g grilled calamari *crispy squid heads *baby kingklip *Cafe de Paris butter **998***



XO

WITHOUT **DESSERT**,
THERE WOULD BE
DARKNESS AND CHAOS

Don Kardong

DESSERT

WAFFLE

Vanilla ice cream and chocolate sauce 80

DEATH BY CHOCOLATE

*White chocolate ganache *dark chocolate mousse
fresh berries *chocolate meringue 72*

VANILLA BEAN CRÈME BRÛLÉE

*Vanilla-infused baked anglaise *caramel crunch 72*

BAKLAVA & ICE CREAM

*Crispy layers of phyllo *almond *cinnamon
spiced orange syrup 70*

MOLTEN CHOCOLATE PUDDING

With vanilla ice cream 72

SPECIALITY COFFEES

BOMBARDINO

*Cognac *espresso *homemade Advocaat *crème 60*

GIANDUIA

*Hazelnut liqueur *espresso *hot
chocolate *Chantilly crème *toasted almonds 60*

NOUGAT

*Honey *nougat liqueur *espresso *hot milk
*Callebaut chocolate mousse *nougat 60*

&

TWG SPECIALITY TEA

Muslin Tea 32

SILVER MOON TEA - GREEN TEA

Green tea with dried strawberries

POLO CLUB TEA - GREEN TEA

Green tea with caramel and vanilla

CRÈME CARAMEL TEA - ROOIBOS

Rooibos blended with toffee pieces



THERE'S NOT A MAN, WOMAN OR CHILD ON THE FACE
OF THE EARTH WHO DOESN'T ENJOY A TASTY
BEVERAGE.

David Letterman

COLD & FROZEN

Or

HOT & STEAMY

STILL & SPARKLING WATER 250 **22** 750 **40**

COLD DRINKS **28**

TISERS **30**

BOS ICED TEA **30**

MIXERS **24**

RED BULL ENERGY **42**

RED BULL SUGAR FREE **42**

RED BULL WATERMELON **42**

RAW JUICE BAR

Freshly squeezed on site **38**

add ginger **4** • *add celery* **8**

DR OZ'S BODY RESTART

*Apple *celery *cucumber *ginger *mint *pineapple
*parsley *spinach* **52**

NATURES NECTAR

*Kiwi *pineapple *apple *lime *coriander* **52**

RAINBOW BLITZ

*Apple *carrot *cucumber *ginger *lemon *pear *spinach* **48**

CITRUS GINGER ZINGER

*Carrot *orange *red pepper *ginger *celery* **46**

GAZPACHO JUICE

*Tomato *cucumber *celery *red pepper *parsley *lime* **52**

PARADISE FRUIT

*Banana *mango *pineapple* **54**

FRUIT SMOOTHIES

TURBO CHARGE

*Apple *cucumber *celery *lemon *lime *avo
*pineapple *yellow pepper* **56**

ANTIOXIDANT

*Spinach *banana *Dates *apple *cinnamon* **56**

GRANITAS & MOCKTAILS

Crushed Ice Infusions

*Watermelon *rosewater *basil* **32**

*Elderflower *lime *mint* **32**

CAPPUCCINO **32**
CAPPUCCINO CON PANNA **34**
ESPRESSO SINGLE **24** DOUBLE **28**
MACCHIATO **24**
AMERICANO **26**
CAFÉ LATTE **34**
MOCACCINO **36**

Decaf coffee add **4**

For Lactose Free milk add **8**

HOT CHOCOLATE **36**

TEAS

30

TWG

FRENCH EARL GREY
ENGLISH BREAKFAST TEA
JASMINE QUEEN TEA
EMPEROR SENCHA
ROOIBOS
CHAMOMILE

HERBAL INFUSIONS

*Housemade lemon *ginger *mint infusion* **22**

MILKSHAKES

Bar One **46**

Wild Berry **46**

Oreo **46**

TWISTS

RED BULL MOJITO TWIST

*RED BULL *lime *apple *mint* **48**

RED BULL SUGARFREE TWIST

*RED BULL Sugarfree *apple *berry* **48**


We support our Environment

**We are using bio Packaging & Straws. We have committed to help in saving our ocean and Going Greener
Please assist us in our aim to protect our environment**



L I F E

GRAND CAFE

ESTD  1999

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Radio - <http://music.lifegrandcafe.com/>

Youtube - https://www.youtube.com/channel/UCsdLcnTQ94pLCJMrmv_T7ZQ

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*For any filling not listed, please ask for availability and price.
If you have any specific allergies or dietary needs please consult with the manager on duty.*

ENJOY LIFE!