

V&A WATERFRONT

O.H.C 1902

CELEBRATION & LIBATION

SIMPLE SUSTENANCE SUBTLE AMBIENCE

WHOLESOME SIMPLICITY

DECADENT DELIGHTS

Life is all these things.

WE HAVE A SIMPLE PHILOSOPHY.

THE FRESHEST FOOD WITH GREAT PROVENANCE FROM PASSIONATE PURVEYORS,
SIMPLY PREPARED; SLOW AND LANGUOROUS FROM OUR WOOD-BURNING FORNO,
OR FAST AND SPIRITED FROM OUR SALAD, CRUDO, TAPAS AND COCKTAIL BARS.

COMFORTABLE CLASSICS FROM THE KITCHEN,
with a little twist.



*FOOD YOU WANT TO LEAVE HOME FOR.
FOOD YOU FEEL AT HOME WITH.*



ARTISAN COFFEES, PREMIER CHEESES, CRAFTED CHARCUTERIE...
EVERYDAY FRIENDS IN THE GUISE OF FOOD. THE WHIMSY OF FINE FARE,
THE JOY OF FRESHLY BAKED BREAD. THE PLEASURE OF PIZZETTE AND COCKTAILS,
THE INDULGENCE OF GOOD COMPANY IN LIVING THE WELL-LIVED LIFE.

ENJOY WITH FAMILY, FRIENDS OR EN MASSE
FOR LAZY MOMENTS, ENERGETIC QUICK-FIXES,
HEALTHY PLEASURES OR NAUGHTY INDULGENCES.

Things that make the spirit smile.

ENJOY LIFE!

PLEASE BE ADVISED THAT THE FOOD PREPARED HERE MAY CONTAIN THESE
INGREDIENTS:

Milk *Eggs *Wheat *Soybean *Peanuts *Tree nuts *Fish *Shellfish

*Commissioned by HRH Queen Victoria and established by her son, Prince Alfred in 1902, over its long history,
this landmark ocean-front heritage building in the Victoria and Alfred Waterfront has been reviving travellers,
locals and visitors as a refreshment station, tea room, chocolatier and restaurant for over a century.*

*Under the sensitive restoration, skilled experience and character of fun of the LIFE Grand Group,
~ established in 1999 ~ this grand dame has entered a new age.*

~ **Welcome** ~



XO

ALL HAPPINESS DEPENDS
ON A LEISURELY
BREAKFAST

John Gunther

BREAKFAST BOWLS

AVOCADO BOWL

*Avocado *trio tomato *poached eggs *rye bread crisps 90*

TROPICAL BOWL

*Papaya *banana *cranberries *coconut & pumpkin seed
granola *yoghurt *lime 74*

BREAKFAST

LAZY BREAKFAST

*Two eggs *bacon *beef sausage *grilled mushrooms
*char-grilled plum tomatoes *baby potato wedges
*baked beans *toast 98*

SIMPLE BREAKFAST

*Two eggs your way *bacon *grilled plum tomatoes *toast 66*

SALMON & AVOCADO

*2 eggs your way *seared salmon *avocado *rye toast 176*

BUTTER CROISSANT

**butter *preserves made in our kitchen 34
with white cheddar 40
with Nutella 46*

FILLED CROISSANT

*Bacon *brie *caramelised onion 60
Scrambled egg *bacon 72
Tomato *mozzarella *pesto 42
Beefragù *emmenthaler *chilli 60*

*Served
until
12h30*

EGGS

EGGS BENEDICT

*Poached eggs *hickory ham *homemade hollandaise
English muffin 88*

SALMON BENEDICT

*Poached eggs *seared salmon
*red capsicum hollandaise *English muffin 176*

MUSHROOM BENEDICT

*Poached eggs *creamy foraged mushrooms *parmesan
shavings *rocket *English muffin 98*

PLAIN OMELETTE

*3 egg omelette *toast 58
Egg white only omelette *toast 58*

EXTRAS

Fillet steak 200g 156

Seared salmon 108

Roe caviar 42

Bacon per slice 10

Avocado 32

Chorizo 38

Onions 10

Beefragù 38

Capsicums 16

Hickory ham 20

Plum tomatoes 14

Calamata olives 12

Feta or cream cheese 22

Emmenthaler 28 / Gruyère 28

Baby potato wedges 20

Eggs 8

Mushrooms 18

Spinach 10

Chicken livers 38

Roast sirloin 40





WHAT GARLIC
IS TO **SALAD**,
INSANITY IS TO ART

Augustus Saint-Gaudens

SALAD BAR

Visit our seasonal Salad Bar to customize your own seasonal salad with fresh greens, gourmet toppings and a dressing of your choice.

LIFE GREEN SALAD BOWL

*Lettuce varieties*rocket*tomato*cucumber*green pepper*marinated olives*feta **84***

ROOT VEGETABLE SALAD BOWL

*Lettuce varieties*mungbeans*roast butternut*grilled zucchini*julienne carrot*red onion*cherry tomatoes*marinated olives*feta **104***

POKE CRUISE BOWLS

A colourburst of raw crudo flavours, dressed in zesty combinations

*Crudo Salmon *yuzu *mirin soy marinade & sesame *apple julienne *cucumber & radish slaw
*Enoki mushroom *purple kimchi *avocado *mango *yoghurt *wakame *edamame **186***

*Crudo Tuna *sriracha *soy & sesame marinade *quinoa *grapefruit *avocado *wakame
*cucumber julienne *yoghurt **176***

*Black rice *inari *avocado *cucumber *mango *enoki mushroom
wakame *edamame *apple julienne *yoghurt **134***

GOURMET TOPPINGS

AVOCADO **34** • GRILLED HALLOUMI **54** • GRILLED CHICKEN BREAST **44**
FILLET STEAK 200g **156** • PRAWNS **88** • VEGAN CHICKEN **90**

TAPAS

ARTISAN DIPS

*Olive salsa verde *hummus *spicy vegetable dip *tzatziki *fried halloumi *crispy parmesan dumplings *lavash **104***

SEAFOOD TAPAS

*Grilled calamari *prawn gambas *crispy fish croquettes *fried squid heads *tzatziki
*crispy potato cheese croquettes *crispy fries *lavash **272***

CHICKEN TAPAS

*Chicken livers *spicy chicken drumettes *grilled halloumi *crispy potato cheese croquettes
*carrot tahini salad *crispy fries *lavash **260***

FOCACCIA & LAVASH **26** • HALLOUMI **54** • CRISPY SQUID HEADS **54**
PRAWN GAMBAS **88** • GRILLED CALAMARI **54**
CHICKEN DRUMETTES **88** • CHICKEN LIVERS **38**



FOOD IS EVERYTHING. FOOD, FRIENDS,
FAMILY: THOSE ARE THE MOST
IMPORTANT THINGS IN LIFE

Zac Posen

GOURMET LOAVES

Served on artisan wood-burning forno bread with extra virgin olive oil, mixed greens, toppings

Salad add 18 • Roasted Vegetables add 18

CHICKEN BREAST ON BRIOCHE

*Spicy or lemon grilled chicken breast *marinated peppers *balsamic onions *mixed greens *cucumber *fries 124*

CHICKEN CAESAR SALAD WRAP

*Grilled chicken breast *lettuce *bacon *yoghurt dressing *parmesan *anchovy *egg *mozzarella *sweet potato crisps 88*

GOURMET BURGER ON BRIOCHE

*200g House-ground Wagyu beef *beer-battered onion rings served on brioche *fries 130*

BEEF SALAD WRAP

*Roast beef sirloin *carrot julienne *cucumber *caspicum *lettuce *tomato *coleslaw *radish *mushroom *sweet potato crisps 98*

CHICKEN MAYO & AVOCADO OF HEALTH

*Chicken *wholegrain mustard mayo *lettuce *cucumber ribbons *tomato *gherkins *petite salad 82*

GRILLED HALLOUMI WRAP

*Grilled halloumi *mung beans *cucumber *lettuce *zucchini ribbons *julienne carrot *sesame & lemon dressing *sweet potato crisps 82*

BLT ON WHITE

*Bacon *Lettuce *tomato *wholegrain mustard mayo *red onion *petite salad 88*

ROAST BEEF ON HEALTH

*Roast sirloin *white cheddar *pineapple chutney *wholegrain mustard mayo *petite salad 98*

BEYOND BEEF

*200g BEYOND BEEF BURGER *beer battered onion ring served on Brioche 158*

CRUDO

OYSTERS

*3 West Coast Oysters *slightly sweet & fiery jalapeño Salsa *Matsuhisa salsa *Maui onion salsa 90*

CEVICHE OF SALMON OR TUNA

*Thinly sliced fish with coriander *cucumber ribbons *cherry tomato *red onion *ceviche sauce 108*

MILLIONAIRE'S SALAD

*Artichoke heart ceviche *yuzu *lime *grapefruit 130*

BURRATA & PEACHES

*Grilled peach *mint *red onion *cucumber *yuzu *avocado *burrata cheese. 160*

AVOCADO & TOMATO CEVICHE

*Grilled avocado *marinated tomatoes *celery *pickled ginger *Chinese seven spice *soy *rice wine vinegar 102*

SEAFOOD CEVICHE

*Salmon *tuna *prawns *calamari *squid heads *tomato *onion *celery *coriander chilli dressing 146*

XO

I LOVE **PIZZA**. I WANT TO MARRY IT,
BUT IT WOULD JUST BE TO EAT
HER FAMILY AT THE WEDDING.

Mike Birbiglia

PASTA BAR

CREAMY CHAR-GRILLED CHICKEN LINGUINE **146**
*Sage cream *grilled chicken breast*

ARRABIATA OR POMODORO PENNE **92**
Add 200g fillet 156 • Add chicken 44 • Add chargrilled vegetables 36 • Add prawns 88 • VEGAN CHICKEN 90

ALFREDO & VEGETABLES
*Foraged field mushrooms *smoky vanilla mascarpone *broccoli *tomato *penne 136*

HOUSE GROUND BEEF BOLOGNAISE SPAGHETTI
*Beef mince *tomato pomodoro sauce 128*

SEAFOOD PENNE
*Truffled lobster crème *calamari *prawns *linefish *moules 288*

AL FUME CREAMY POMODORO LINGUINE
*Touch of vodka *garlic *chilli *flambéd strips of bacon 140*

PIZZETTE

ROSA
*Smashed Rosa tomatoes *mozzarella *basil 90*

*Hickory ham *Portabello mushrooms 122*

*Roast sirloin *caramelised onions *pickled red onion 160*

*Parma ham *red onion *brie *fig *fennel 168*

*Prawn *jalapeño papaya salsa *dill crème fraîche 198*

*Beef ragù *Roasted capsicum *chilli 136*

VEGETARIAN
*Roast pumpkin *chargrilled peppers *zucchini *Rosa base *feta *basil 112*

∞

OX

I'M NOT MAKING ART,

I'M MAKING

SUSHI

Masaharu Morimoto

SUSHI



CRISPY PRAWN BLACK RICE ROLL

8 pieces

*Crispy prawn *black sushi rice *cream cheese *avocado
*toasted coconut wrapped in nori paper *spicy papaya salsa
toasted coconut flakes 172

DRAGON ROLL

8 pieces

*Prawns *Avocado *cucumber wrapped in rice with seaweed covered
in avocado 96*

TIGER ROLL

8 pieces

*Avocado *salmon roll topped with
prawn & avocado 120*

VOLCANO ROLL

6 pieces

*Inside out avocado and crab roll with spicy tuna *masago
*wasabi mayonnaise *sesame seeds 120*

NIGIRI

4 pieces

*Classic *salmon | tuna | prawn 72*

SUSHI BOWLS

*Sushi rice *salmon *nori *avocado *cucumber *carrot
*edamame *ginger dressing 98*

*Tuna *black rice *sweet potato *cucumber
*carrot *red onion 98*

*Sushi rice *avocado *apple *nori *edamame *broccoli
*baby marrow *cucumber 80*

DRESSED BOSTON ROLL

*Poached prawn *avo *cucumber *cream cheese california roll *caviar
*spicy mayo *teriyake dressing *edamame beans 170*

FRIED CALIFORNIA RAINBOW

Panko crumbed and fried salmon roll

**salmon *tuna *avocado *sweet chilli *teriyake *spicy mayo 170*

LOADED RAINBOW ROLL

*Rainbow roll *creamy prawn tempura *purple kimchi 170*

SALMON CAVIAR ROSE

3 pieces

*Salmon *sushi rice *Japanese mayo *red caviar 74*

TUNA & BLACK RICE ROSE

3 pieces

*Tuna *black sushi rice *sliced tuna *wasabi soy mayo
red caviar 74

PRAWN TEMPURA ROSE

3 pieces

*Salmon roses *spicy mayo *prawn tempura *sweet chilli *caviar 98*

HAND ROLL

One piece

*Seaweed cone filled with rice *avocado,*

*Japanese mayo *sesame seeds 74*

Salmon Skin & Caviar 74

CALIFORNIA ROLL

8 pieces

92

MAKI

6 pieces

64

FASHION SANDWICHES

8 pieces

88

SASHIMI

4 pieces

88



*

XO

I AM NOT INTERESTED IN SLICE OF LIFE,
WHAT I WANT IS A **SLICE**
OF THE IMAGINATION

Carlos Fuentes

sliced

SALMON TARTARE

Salmon tartare *cucumber *quail egg
*avocado *caviar *anchovy aioli **136**

TUNA TARTARE

Tuna tartare *cucumber *quail egg *caviar
*spicy vinaigrette **136**

FILLET TARTARE

200g Beef fillet *salsa verde *quail egg *focaccia *capers *onion salsa **172**

COALS

SPEARED FILLET

200g fillet bound in bacon *crushed baby potatoes
*grilled tomatoes *salsa verde **208**

BEEF RIBS

BBQ-basted beef ribs served with onion rings & fries
500g **218** 1kg **388**

BILTONG SIRLOIN

400g Beef sirloin on the bone *biltong and brie stuffing
*roasted veg *mushroom sauce **252**

SEAFOOD SOUVLA

3 Prawns *calamari *kingklip crispy squid heads *Cafe de Paris
butter *fries *roasted vegetables **370**

RUMP

350g **190**

T BONE

750g Grilled *Greek roasted baby potatoes
*roasted vegetables **348**

GRILLED BEEF FILLET

200g **152** 300g **198**

RIBEYE ON BONE

1kg grilled *choice of side *sauce choice **480**

ACCOMPANYING SAUCES

Add mushroom cream **36** *Add peppercorn sauce **36** *Add peri peri sauce **36** *Add gastrique **36** *Add chimichurri **36**

ACCOMPANYING SIDES

Fries **28** Salad **40** Roasted Vegetables **40** Greek Roasted Potatoes **40**

FORNO

SLOW ROAST LAMB SHANK

served with mixed potatoes &
butternut **384**

BEEF SHIN HOTPOT

300g beef shin *pearl onion *traditional gravy *smashed
potatoes. **188**

WOOD FIRED SPATCHOCK CHICKEN

Forno roasted baby potatoes *roasted vegetables *Red kimchi
Half **154**

VEGETABLE TIKKA MASALA

Spiced farm vegetables *tomato & cumin reduction
*basmati rice *papadums *sambals **158**
*Add VEGAN CHICKEN **90**

WHOLE BAKED CRUSTED FISH

Fish crusted in salt * saffron rice
*lemon butter **SQ**



XO

KITCHEN

[kich-uh n] noun 1. A ROOM OR PLACE EQUIPPED FOR COOKING.
2. CULINARY DEPARTMENT; CUISINE

KITCHEN

MOULES & FRITES

*Fresh mussels *white wine *cream broth *fries
*homemade mayo *grilled ciabatta* **166**

HAKE & CHIPS

*Grilled or fried hake *battered onion rings *dill crème fraîche
*lemon *crispy fries* **148**

GRILLED CHICKEN BREAST

*Grilled Cajun or lemon chicken breast *carrot & tahini
slaw *lettuce *cherry tomatoes *capsicum* **158**

PRAWN GRILL

*12 Prawns *Cafe de Paris butter
*saffron rice *kimchi* **380**

SEARED TUNA

*Served rare in a tomato elderflower gazpacho *olive *edamame
*cucumber *yuzu salsa verde* **220**

GRILLED SALMON

*Scallion potatoes *side salad
dill crème fraîche **290**

SEAFOOD PAELLA

*Prawns *calamari *line fish *moules *rice
creamy paprika sauce **250**

CHICKEN & PRAWN CURRY

*Malay spicy tomato broth *Methi leaves *coriander *coconut milk
*basmati rice *Popodum *sambals* **286**

BABY KINGKLIP

*500g Grilled medallion *lemon cream sauce
scallion potatoes **242**

LAMB CUTLETS

*400g Grilled lamb cutlets *scallion baby potatoes
roasted vegetables **340**

THE LIFE GRAND PLATTERS

Selection of platters for sharing

*All served with *oven-roasted seasonal vegetables *lemon-roasted potatoes from the forno or fries *LIFE salad *lavash*

FIRE PIT PLATTER

*600g beef fillet *half spatchcock chicken *500g beef ribs *crispy squid heads *4 grilled prawns *200g calamari* **998**

FROM THE EARTH

*400g lamb cutlets *half spatchcock chicken *750g T-Bone* **888**

DOCK & DIVE

*Moules *16 prawns *400g grilled calamari *crispy squid heads *baby kingklip *Cafe de Paris butter* **1180**



XO

WITHOUT **DESSERT**,
THERE WOULD BE
DARKNESS AND CHAOS

Don Kardong

DESSERT

NUTELLA BRIOCHE PIZZA

*Vanilla ice cream *hazelnut praline
mixed berries 84

VANILLA BEAN CRÈME BRÛLÉE

*Vanilla infused baked anglaise
caramel crunch 80

WAFFLE

Vanilla ice cream and chocolate sauce 92

DEATH BY CHOCOLATE

*White chocolate ganache *dark chocolate mousse
*fresh berries *chocolate meringue 82*

BAKLAVA & ICE CREAM

*Crispy layers of phyllo *almond *cinnamon
spiced orange syrup 74

MOLTEN CHOCOLATE PUDDING

With vanilla ice cream 84

SPECIALITY COFFEES

BOMBARDINO

*Cognac *espresso *homemade Advocaat *crème 60*

GIANDUIA

*Hazelnut liqueur *espresso *hot
chocolate *Chantilly crème *toasted almonds 60*

NOUGAT

*Honey *nougat liqueur *espresso *hot milk
*Callebaut chocolate mousse *nougat 60*



TWG SPECIALITY TEA

Muslin Tea 32

POLO CLUB TEA - GREEN TEA

Green tea with caramel and vanilla

CRÈME CARAMEL TEA - ROOIBOS

Rooibos blended with toffee pieces

1837 BLACK - BLACK TEA

Black tea with red berries and caramel

BLACK CHAI - BLACK TEA

Black chai tea blend with Indian spices



THERE'S NOT A MAN, WOMAN OR CHILD ON THE FACE
OF THE EARTH WHO DOESN'T ENJOY A TASTY
BEVERAGE.

David Letterman

COLD & FROZEN

STILL & SPARKLING WATER 250 **20** 750 **40**
ACQUA PANNA 750 **80**
SAN PELLEGRINO 750 **80**
BOS ICED TEA **30**
MIXERS **24**
RED BULL ENERGY **42**
RED BULL SUGAR FREE **42**

RAW JUICE BAR

Freshly squeezed on site **38**
add ginger **4** • *add celery* **8**
DR OZ'S BODY RESTART
*Apple *celery *cucumber *ginger *mint *pineapple*
parsley *spinach* **52

NATURES NECTAR
*Kiwi *pineapple *apple *lime *coriander* **52**

RAINBOW BLITZ
*Apple *carrot *cucumber *ginger *lemon *pear *spinach* **48**

CITRUS GINGER ZINGER
*Carrot *orange *red pepper *ginger *celery* **46**

PARADISE FRUIT
*Banana *mango *pineapple* **54**

GOJI YOUTH ELIXIR
*Goji berry *grapefruit *pomegranate* **54**

FRUIT SMOOTHIES

TURBO CHARGE
*Apple *cucumber *celery *lemon *lime *avo*
pineapple *yellow pepper* **56

ANTIOXIDANT
*Spinach *banana *Dates *apple *cinnamon* **56**

Or

HOT & STEAMY

CAPPUCCINO **30**
CAPPUCCINO CON PANNA **34**
ESPRESSO SINGLE **22** DOUBLE **26**
MACCHIATO **24**
AMERICANO **26**
CAFÉ LATTE **34**
MOCACCINO **32**

Decaf coffee add **4**
For Lactose Free milk add **8**

HOT CHOCOLATE **34**

MILKSHAKES

Bar One **48**
Wild Berry **48**
Oreo **48**

GRANITAS & MOCKTAILS

Crushed Ice Infusions
*Watermelon *rosewater *basil* **34**
*Elderflower *lime *mint* **34**

TWISTS

RED BULL MOJITO TWIST
*RED BULL *lime *apple *mint* **50**

RED BULL SUGARFREE TWIST
*RED BULL Sugarfree *apple *berry* **50**

TEAS

30
TWG
UVA HIGHLANDS BOP
FRENCH EARL GREY
ENGLISH BREAKFAST TEA
JASMINE QUEEN TEA
EMPEROR SENCHA
ROOIBOS
CHAMOMILE


HERBAL INFUSIONS
*Housemade lemon *ginger *mint infusion* **26**

We support our Environment
We are using bio Packaging & Straws. We have committed to help in saving our ocean and Going Greener
Please assist us in our aim to protect our environment



L I F E

GRAND CAFE

ESTD  1999

www.lifegrandcafe.com

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For any filling not listed, please ask for availability and price.

If you have any specific allergies or dietary needs please consult with the manager on duty.

ENJOY LIFE!